



Sunday service – 31 January

Welcome

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Hymn

O Jesus, I Have Promised

Reading

Mark I

²⁹ As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. ³⁰ Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her. ³¹ So he went to her, took her hand and helped her up. The fever left her and she began to wait on them. ³² That evening after sunset the people brought to Jesus all who were ill and demon-possessed. ³³ The whole town gathered at the door, ³⁴ and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was.

³⁵ Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. ³⁶ Simon and his companions went to look for him, ³⁷ and when they found him, they exclaimed: 'Everyone is looking for you!' ³⁸ Jesus replied, 'Let us go somewhere else – to the nearby villages – so that I can preach there also. That is why I have come.' ³⁹ So he travelled throughout Galilee, preaching in their synagogues and driving out demons.

Sermon

Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers

Hymn

Your Word

Lord's Supper

Jesus Christ, risen Master and triumphant Lord, we come to you in sorrow for our sins, and confess to you our weakness and unbelief. We have lived by our own strength, and not by the power of your resurrection. In your mercy, forgive us. **Lord, hear us and help us.**

We have lived by the light of our own eyes, as faithless and not believing. In your mercy, forgive us. **Lord, hear us and help us.**

We have lived for this world alone, and doubted our home in heaven. In your mercy, forgive us. **Lord, hear us and help us.**

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation; in your love you made us for yourself. When we turned away you did not reject us, but came to meet us in your Son. And now we give you thanks because through him you have given us eternal life and delivered us from the slavery of sin and the fear of death into the glorious freedom of the children of God.

You embraced us as your children and welcomed us to sit and eat with you.

In Christ you shared our life that we might live in him and he in us.

He opened his arms of love upon the cross and made once for all the perfect sacrifice for sin.

On the night he was betrayed, at supper with his friends he took bread, and gave you thanks; he broke it and gave it to them, saying: "Take, eat; this is my body which is given for you; do this in remembrance of me." At the end of supper, taking the cup of wine, he gave you thanks, and said: "Drink this, all of you; this is my blood of the new covenant, which is shed for you for the forgiveness of sin: do this in remembrance of me." **Amen.**

As we proclaim his death and celebrate his rising in glory, send your Holy Spirit that this bread and this wine may be to us the body and blood of your dear Son. **As we eat and drink these holy gifts make us one in Christ, our risen Lord.**

With your whole Church throughout the world we offer you this sacrifice of praise and lift our voice to join the eternal song of heaven: **Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest.**

Draw near through faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Remember that he died for you, and feed on him in your hearts, by faith with thanksgiving.

Prayer after Communion

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

Hymn

In Christ Alone

Blessing